

SUPERVISION

It is a requirement for membership of the Association of Christian Spiritual Directors Inc. that all members have regular supervision for their spiritual direction practice.

The primary purpose of supervision is to enable the director to grow both personally and professionally in order to best meet the needs of the directee, through awareness of such issues as inter-personal relationships, boundaries, safety etc.

Supervision is a confidential, structured and contracted relationship which enables the director to reflect critically on her/his work with a competent colleague, preferably one who has formal training in supervision. There is a strong commitment to learning, reflection and challenge.